

• Together Time •



Read Together 20
Minutes Every Day™

Read With a Child

Our Read Together 20 Minutes Every Day™ message is important because it aims to strengthen both a child's early literacy skills and the emotional connection between the child and the special adults in their life.

However, the joy of reading shouldn't be constrained by the clock. If your child's attention span is at or beyond the 20-minute mark, that is fantastic! You can

tackle longer stories, and soon you may even consider chapter books. If your child is an infant or a toddler, their attention span will likely be less than 20 minutes, and that is typical. You can either read short stories or read a few pages from a book several times a day. Five minutes now and five minutes later will soon add up to 20 minutes throughout the day. Regardless of your approach, we encourage you to view reading not as a timed task but as an enjoyable experience you and your child spend together.

Pledge to Read Together 20 Minutes Every Day

We get it – life is busy! But when reading becomes a family commitment, it is much easier to reach the goal of reading 20 minutes every day. Every time you read a book together, you are providing your child with valuable skills they will use in school and throughout



life. Sharing books helps develop language and literacy skills, exposing your child to a richer vocabulary. Reading non-fiction titles opens doors to the world of knowledge, while books on social and emotional topics help a child learn to deal with life's ups and downs.

To help create a reading habit, be sure to read with your child every day, and select books according to their age, attention span, and interests. Your local library is a great resource!

Engage family members and other caregivers in the excitement – and commitment – of reading with your child 20 minutes every day. These simple ideas will keep you all on the same page and will help you enjoy countless minutes reading together:

- Bring books to grandma's
- Encourage other family members to read with your child
- Tell your babysitter that reading together is preferred over screen time
- Ask your child's teacher what topics they are working on and volunteer to come and read to the class
- Talk with other parents about reading and share our message on social media about the importance of reading together 20 minutes every day